



COVID-19 Positive Patient Guidelines

Care guidelines of triage through release for suspected COVID-19 patients

TRIAGE & ASSESSMENT

DOES THE PATIENT DISPLAY COVID-19 SYMPTOMS? FEVER, COUGH, SHORTNESS OF BREATH OR DIFFICULTY BREATHING.

IF PATIENT IS NOT IN A HIGH-RISK GROUP AND TEST RESULTS WILL NOT INFORM CARE, BE MINDFUL OF TEST SHORTAGES, AND ADVISE PATIENT THAT A TEST IS NOT NEEDED.

IF PATIENT IS IN A HIGH-RISK GROUP, TESTING IS APPROPRIATE. **PATIENT MUST CALL AHEAD! [CLICK HERE FOR SITES.](#)**

[CLICK HERE FOR HIGH-RISK GROUPS AND PPE GUIDELINES FOR TRIAGE.](#)

AFTER RECEIVING POSITIVE TEST

PATIENT MUST BE ISOLATED WHILE AWAITING TEST RESULTS.

PATIENT MUST BE ISOLATED FOR A MINIMUM OF 14 DAYS AFTER TESTING.

HOUSEHOLD CONTACTS MUST REMAIN QUARANTINED FOR 14 DAYS AFTER THE PATIENT HAS BEEN AFEBRILE AND IS FEELING WELL.

ONLY IF HOUSEHOLD CONTACTS DEVELOP SYMPTOMS SHOULD THEY BE TESTED.

COVID-19 IS A REPORTABLE DISEASE, AND MUST BE **REPORTED TO THE HEALTH DEPARTMENT.** 615-741-7247

WHEN SHOULD ISOLATION END?

PATIENT CAN BE RELEASED FROM ISOLATION AFTER AFEBRILE AND FEELING WELL (WITHOUT FEVER-REDUCING MEDICATION) FOR AT LEAST 72 HOURS, AFTER INITIAL 14-DAY ISOLATION.

HOUSEHOLD CONTACTS WILL REMAIN AT HOME AFTER THE PATIENT IS RELEASED DUE TO DIFFERING START DAYS OF THE 14-DAY REQUIREMENT.

A NEGATIVE COVID-19 TEST CAN BE PERFORMED, BUT IT IS NOT REQUIRED DUE TO TEST AVAILABILITY. **[CLICK HERE FOR A CASE EXAMPLE.](#)**

Quick Links

- [Center for Disease Control](#)
- [TN Department of Health](#)
- [Nashville Health Department](#)
- [Nashville Academy of Medicine](#)

[Masking Guidelines](#)

[Coding Support](#)

Reminders

If a positive COVID-19 test would not change the patient's care plan (home isolation for 14 days), a test is not needed.

Only people who exhibit symptoms should be tested.

Metro Nashville COVID Hotline:
615-862-7777