



# ANNUAL REPORT

2025

SUPPORTING PHYSICIAN HEALTH,  
PRACTICE HEALTH, AND COMMUNITY HEALTH



# MESSAGE FROM OUR CEO

In 2025, NAM marked a year of continued growth and impact, building on our commitment to supporting physicians, advancing medical practices, and strengthening our community. Since our founding in 1821, NAM has proudly advocated for the voices of physician leaders, promoting the integrity of the medical profession and highlighting the extraordinary contributions our physicians make every day.

This year, we were honored to welcome 167 new members, each bringing fresh perspectives and energy to our membership community. As we expanded our reach, we deepened our impact by offering targeted education, fostering connections within peer-to-peer networks, and raising awareness about the critical challenges and opportunities shaping the future of medicine.

None of this would have been possible without your ongoing support, active engagement, and dedication to the values we share. We are grateful for your membership and partnership throughout 2025.

Looking ahead, we are excited to continue working together to advance the collective interests of physicians and the medical profession in 2026 and beyond.



**Rebecca Leslie, MBA**  
Chief Executive Officer

# LEADERSHIP



## BOARD OF DIRECTORS

Carl Willis, MD - Board Chair  
Laura Lawson, MD - President  
Christin Giordano McAuliffe, MD - President-Elect  
Parul Goyal, MD - Secretary/Treasurer  
Tyler Barrett, MD  
Ethel Cobbett, MD  
George "Trey" Lee, III, MD  
Matthew Pollard, MD  
Nicole Schlechter, MD



## LEADERSHIP

Rebecca Leslie, MBA - *Chief Executive Officer*  
Nikki Poarch Ringenberg, MPA - *Vice President*  
Jessica Jackson, MS - *Director of Physician and Community Engagement*  
Grace Higginbotham, MS - *Education & Wellness Specialist*



## CADUCEUS COUNCIL

Oladeji "DJ" Akinbamowo  
Teresa Belledent  
Ashley Dailey, DO  
Maro Doce  
Lynnea Doshi  
Sam Fuedo  
Erin Hattler  
Tasie Ihuoma  
Omar Jafry, DO

Kafayat Kareem  
Jerry Mi  
Karishma Muthukumar  
Deborah Otuno  
Sachindra Sanam Venkata, MD  
Jenny Shen  
Dylan Thompson  
Rohan Tummala, MD  
Jacob Uskavitch, MD

# MISSION AND HISTORY

The Nashville Academy of Medicine, established in 1821, is a professional organization that has grown from seven physicians to nearly 2,200 since its inception. NAM represents the medical profession in matters of importance to our members and the community they serve.

Maintaining the integrity of the medical profession and ensuring that physicians can continue to provide patients with excellent care has been our strength for generations.

The Nashville Academy supports **physician health**, **practice health**, and **community health**. We support doctors with education, peer-to-peer networking, leadership training, business resources, and other programs that help them grow personally and professionally.

The Academy's goals include maintaining high standards of medical practice, professionalism, and ethical conduct, and promoting the common interests and unity of physicians in our community. NAM sponsors various programs and activities addressing local needs along with contributing to a healthier community.





# MEMBERSHIP OVERVIEW

We are thrilled to have such broad representation throughout the Middle Tennessee community engaging nearly 2,200 members representing all hospitals and medical staffs, hundreds of individual practices, and more than 90 specialties and subspecialties. Thank you to the following practices who support our organization with 100% membership for their physicians.



**THE ALLERGY, ASTHMA  
& SINUS CENTER**



**US ANESTHESIA**  
PARTNERS · TENNESSEE  
Formerly Anesthesia Medical Group



**THE  
COLORECTAL  
CENTER**

**AdvancedHEALTH**



**Heritage Medical**  
*Associates*



**NASHVILLE  
BREAST CENTER**



**SCRI**

**Sarah Cannon  
Research Institute**



**TENNESSEE  
ONCOLOGY**

**TOA**  
TENNESSEE ORTHOPAEDIC ALLIANCE

**TN  
OCULOPLASTICS**



**UROLOGY**  
ASSOCIATES, PC

# DAY ON THE HILL

Doctors' Day on the Hill 2025 was a resounding success filled with statewide networking and in-person meetings with our elected representatives in the Tennessee General Assembly.

The Nashville Academy of Medicine was proudly represented by over 85 members, including physicians, residents, and medical students. NAM members showed up in full force to meet with legislators, discuss key healthcare issues, and make their voices heard.

This annual event provides a valuable opportunity for members to engage directly in health policy, offering essential input that impacts both physicians and their patients.





# HOUSE OF DELEGATES

The Nashville Academy of Medicine extends its appreciation to the members who served as delegates at the Tennessee Medical Association House of Delegates on Saturday, May 17. Their commitment to advocacy and leadership was evident in the strong presence of NAM members, including students, residents, and practicing physicians, representing a broad range of specialties. NAM was proud to be the largest delegation at the House for the fifth consecutive year!

Congratulations to NAM board member Dr. Trey Lee, who served as Speaker for 2025 and will continue in this leadership position through 2026.

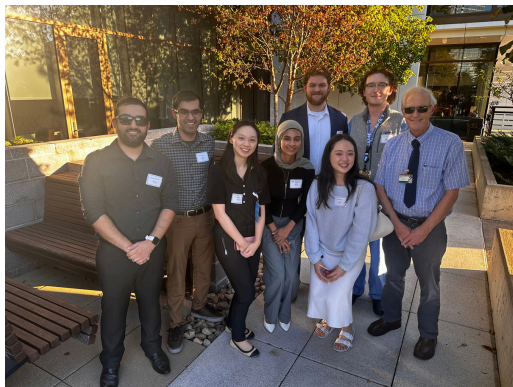
In addition, NAM member and MFN Board member Dr. Natalie Dickson was honored with the Dr. William Schaffner Public Health Hero Award, recognizing her outstanding contributions to public health in Tennessee.



# STUDENT AND RESIDENT ENGAGEMENT

The Nashville Academy of Medicine is honored to have such a vibrant and engaged section of medical students, residents, and fellows. These individuals play a vital role in the Academy by attending NAM events, networking with practicing and retired members, and representing their peers at the House of Delegates.

They are also actively involved in health policy advocacy through their participation in Doctors' Day on the Hill and regularly collaborate with NAM's physician leaders on the Caduceus Council.





# PROSPER FOR PHYSICIANS

In partnership with the Medical Foundation of Nashville, NAM established the PROSPER program to address physician well-being. In 2025 we expanded opportunities through partnerships with the TMA and our statewide medical society partners to promote a new webinar series. See details below and we hope to see you on the 2026 webinars.

## *Resilience in Medicine* A WELLNESS WEBINAR SERIES

Available at no cost to members, this statewide program represents a commitment to supporting physicians' professional fulfillment and personal wellness through evidence-based programming, peer connection and systemic advocacy. All sessions will be held virtually at 6:00 pm CST.

*The Tennessee Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.*

*The Tennessee Medical Association designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

### THE SERIES



Breaking the Silence: Reducing Physician Stigma and Advancing Wellness and Suicide Prevention



Artificial Intelligence (AI) in Medicine



The Role of Legislative Advocacy in Enhancing the Healthcare Environment



Physicians that Thrive: Fostering Resilience Through Connection



Medical Malpractice: Pitfalls and Prevention Strategies



Systems-Level Burnout Solutions Using the Six Domains of Burnout



# SPONSORS

We extend our gratitude for the generosity of our sponsors whose collective support empowers the Nashville Academy of Medicine's enduring commitment to excellence in medical practice and community health.

Your continual dedication fosters physician growth through education, networking, leadership training, and business support. Together, we champion professional standards, address local needs, and contribute to a healthier community. Thank you for partnering with us this year.



# 2026 EVENTS

**Thursday, January 22, 2026**

President's Reception &  
MFN Annual Meeting

**Thursday, February 19, 2026**

Pizza and Politics

**Tuesday, March 3, 2026**

Day on the Hill

**Saturday, May 2, 2026**

TMA House of Delegates



**September (TBD)**

Student & Resident Welcome Event

**Saturday, October 3, 2026**

2026 Physicians Ball

**November (TBD)**

2026 NAM Legislative Dinner

**Thursday, December 3, 2026**

Holiday Open House



28 WHITE BRIDGE ROAD, STE. 400  
NASHVILLE, TN 37205



@NASHVILLEMEDICINE



@NASHVILLEMED



NASHVILLEMEDICINE.ORG

